



UNITARIAN
UNIVERSALIST
Church of Fort Myers

The Communicator

February 2016 Volume 33 Issue 2

February: Religious Authority



No one likes to be told what to do. At the same time, with the right conditions (like mutual respect and appreciation), some guidance for the journey never hurts. This month we explore how to access the inner authority we all possess, as well as exploring ways we should appropriately use our power as individuals and as a congregation to bring compassion, connection, and generosity into every encounter. Our religious authority comes not from one holy person or holy book. We are led by the call of conscience, and stay humble through aspiring to

right relationship with the earth and her people.

Carnival Service Auction Saturday Night!

The Carnival Service Auction is coming this Saturday, February 6th at 5:00p! Thank you for your generous donations. Do not stop now. We want to break last year's record of \$16,000. You may donate until midnight, Friday, February 5th. You may bring items to the office Friday between 9:00a and 2:00p.



Please send all news articles for the *Weekly Scene* to weeklynews@uucfm.org by Wednesday at 9:00a. The *Scene* is published on the 2nd to 5th Sundays of each month. The monthly newsletter, *The Communicator*, is issued the first Sunday of each month. Send *Communicator* articles to newsletter@uucfm.org

Grow With Us!

Rev. Allison Farnum



I feel our Vision Work bringing new energy and focus to the congregation. We are all abuzz during our financial investment drive- we want to live into a new vision for ourselves as a generous and inclusive faith community that leads the way in creating connections to build a just, sustainable world. Come, grow with us!

Our LIFE interfaith justice ministry is starting to focus in. I was just recently at a meeting with Pastor Glover of

Mt. Hermon Ministries, lay leaders from *All Faiths*, *St. Columbkille* and *Lamb of God* Lutheran Episcopal. We met with Fort Myers Police Chief Eads and Captain Perry, asking more questions about why we have more unsolved murders in our judicial district than comparable districts like Hillsborough and Pinellas. In LIFE, we will come up with a community wide solution for this problem that is a win-win for the community- including law enforcement. In the mean time, we can celebrate *Ban the Box* for all City job applications and look forward to working with Cape Coral and Lee County in embracing this fair chance hiring policy. The work of LIFE matters. So, when one of our leaders calls you and asks you to invest your time by coming to the Rally and to the Nehemiah Action, please know that you are part of the POWER of LIFE. Without the droves of people of faith and conscience, the public officials will not know our power. No facetime or video conferencing will save us. Because you showed up to past actions: more children have access to mental health care, more juveniles have access to civil citation and stay outside the juvenile justice system; less children get shuffled off to alternative learning centers; all district staff are trained in bullying with a consistent, evidence based curriculum. All thanks to your showing up and proving our power as an organization. Keep up the good work!

And the work of the *Sacred Ground* book study group and *Sacred Conversations on Race* group will continue to focus as we have forged connections out of the *Challenging Islamophobia* event to combat racism and discrimination. I was reminded how we, as a Unitarian Universalist congregation, are uniquely poised to provide a safe space for meetings such as these- where secular representatives and other people of faith (like Quakers!) can come to learn and grow and bring resources back to their groups.



BOARD OF TRUSTEES

Greetings from your Board of Trustees!

Thanks to all the UUCFM stakeholders who participated in the Visioning Workshop on January 9th. The logistics of UUs coming up with a vision statement in a half day is quite remarkable. As we discussed how we would like to see ourselves as a spiritual community in the year 2021, we were able to incorporate specific ideas in a vision statement that will serve as the basis for BOT strategic planning:

UUCFM Vision Statement

We are a generous and inclusive faith community that compassionately leads the way in creating connections to build a just, sustainable world.

We worship, work, and play together, deepening our faith to offer spiritual support to one another in times of need and joy.

We welcome our new members and thank them for bringing their gifts to our beloved community. We are blessed to have a wonderful home in which we are able to find support for our respective spiritual journeys. The next New Member Ceremony will be February 7th. It is always a special service when we covenant with our new members. It also reminds us of our personal commitment to integrity of membership.

With a new mission and vision and our re-covenanting during the January 17th service, we have renewed energy to invest our talent, time and gifts to UUCFM. Please consider your investment as we embark on our upcoming Canvass. Specific information will be forthcoming.

UUCFM Mission Statement

Inspired by love, we transform ourselves and serve others.

Please support the efforts of our church to “transform ourselves” and to “serve others”. We have many ministries that serve our congregation as well as those in our surrounding community. You are needed. Decide today what contribution you can make to ensure our mission stays strong and vital!

Love, Grow, Serve. That’s what it is all about at UUCFM. Spread the word!

Alice Brunner, President; Diane Buckley, President Elect; Kathy Heckler, Secretary; Jen Smith, Treasurer; Bob Nies, VP Operations; Bruce Marble, VP Finance; Susan Forsyth, VP Ministerial Services; Beth Sexton, VP Programming; Renée Savoia, Member at Large

The Board of Trustees meets the second Tuesday of every month in the UUCFM conference room. Please contact us if you have any questions or concerns about our church:

alicebrunner777@gmail.com

RE News



It is with a grateful heart and a big smile that I'm announcing my return to the office. Thank you to everyone who sent cards, gifts, meals, and well-wishes to our home upon the arrival of our baby girl, Georgine. Lee and I were overwhelmed to receive such kindness and so many acts of love and support from the congregation. We are truly blessed and deeply appreciative!

I would also like to give a round of applause to our talented and dedicated RE volunteers who kept things running smoothly while I was away. You simply cannot find a more resourceful and committed bunch anywhere. Please give Krista Hutson, Matthew & Stephanie Hoffman, Mathew Halstead, Joe Sexton, Julie Ireland, and Harvey Heckes a solid high five for me if you see them. They deserve it!

Lastly, I would like to announce some big, exciting news! UUCFM has been selected by the UUA to field test a new program entitled *Parents and Caregivers as Sexuality Educators*. If you'd like more information on the program or how to be involved in the field test, please email me at dre@uucfm.org

Parents
and
Caregivers

Jenn Blosser, Director of Religious Education

Music Notes



Hello all and welcome to my notes for the first week of February. The first thing I would like to do is thank all the talent in our blessed congregation. AJ Pierce and Amanda Walker sang like angels last week in our service. And the UUCFM choir sang up a storm too. Each week they never cease to amaze me. And Vinnie LaRoca sang our solo in the anthem. I couldn't thank all of them enough times.

I received many good comments about our choir and I certainly appreciate all the kind words. It makes my calling and my soul warm and fuzzy.

On Sunday I tried on a microphone like the one Reverend Allison uses and I think it went well. I hope to use it more in the future. It will be a great change in my leading all of you and I welcome all the comments, good and bad, about this culture change.

Peace and love to all,

Phil Hildreth, CMA

directorofmusic@uucfm.org



Social Justice: Voting by Mail

The Presidential Preference Primary Election will be held on Mar. 15, 2016. Your Vote by Mail ballot request for Lee County must be signed and received by the Elections Office no later than 5:00 p.m. on the 6th calendar day prior to the election (Mar. 6).

You may call in your request from Monday through Friday, 8:30 am to 5 pm: [239-533-8683](tel:239-533-8683).

At any time prior to the deadline, you may enter your request online: www.leeelections.com/wp/voters/vote-by-mail-request/.

Ballots are mailed about 4 weeks prior to each election. The post office will not forward a mail-in ballot. It is up to you to keep the Supervisor of Elections informed when you leave during the election season.

On Election Day, a voted ballot cannot be accepted at a polling place. If you have received a Vote by Mail ballot and then choose to vote in person at an early voting site or on Election Day, you must surrender your Vote-by-Mail ballot.

You can check on the status of your Vote by Mail ballot by logging onto: <http://registration.elections.myflorida.com>. You will be able to see when:

- your request was received,
- the ballot was mailed to you,
- voted ballot was returned to the Lee County Elections Office.

If you have difficulty accessing the information or if we can be of additional assistance with the voting process, call [239-533-8683](tel:239-533-8683).

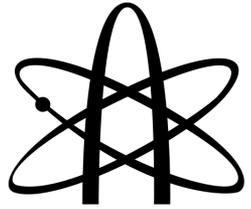
~Summarized by Joy F. Sokeitous



Humanist Forum

The Humanist Forum meets every Sunday at 9:15a in Hobart Hall. All are welcome to join us for a new and engaging topic each week.

This week we will consider the social nature of the human brain. We'll talk a little bit about what makes humans different from any other species we know. Two TED talks, one by neuroscientist Ralph Adolphs of CalTech, and a second by Professor Matthew Lieberman of UCLA, describe aspects of how our social brains work, and how to optimize our capacities.



Christian Group & Ash Wednesday

Our Christian Group has new opportunities for February. This month we celebrate Ash Wednesday with a special service with Reverend Allison in the Sanctuary. We also celebrate Communion after the service on one of the February Sundays.

Lent begins this month and we begin studying the daily meditations in Richard Rohr's book, *Wondrous Encounters*. This is a daily meditation book for Lent. It is available as a book or on Kindle at Amazon. Our Christian Sunday School meets at 9:00a in Room 7. All are welcome.



For those who would like to observe the Lenten season this year, please join Rev. Allison on Wednesday, February 10th at 10:00a in the Sanctuary for an Ash Wednesday service. If you need ashes that day and can't make the service, please email Rev Allison at minister@uucfm.org for possible arrangements. She will have ashes available throughout the day.

Newcomer's Meeting

HELLO!

There is a meeting for newcomers to UUCFM on February 7th at 12:00 noon in classroom 2. The Newcomers Meeting will focus on the following: All will have an opportunity to talk about what they are looking for in a church community, there will be a discussion of what it means to be a Unitarian Universalist, the opportunities for spiritual growth and social interaction will be discussed and attendees will be asked what skills they think that they would bring to UUCFM.

The Newcomers Meeting should not be confused with the Pathways to Membership Meeting which is for people who are ready to commit to membership to UUCFM.

Chris Rosa, Member Services

Community Sharing in February

Abuse Counseling & Treatment's (ACT) mission is to protect, support, and educate victims of domestic violence and their children, survivors of sexual assault and human trafficking in Lee, Hendry, and Glades Counties.



ACT's external vision is to develop a community where all individuals are safe, respected and valued; where any form of violence is unacceptable and for all individuals in our community have access to resources that teach and support a fear-free environment.

Our internal vision is to be the most highly respected and well known social service agency in Lee, Hendry and Glades counties; to be an agency with well balanced funding sources including grants, endowments, and donations that is run compassionately and efficiently.

The agency provides the following services to realize its mission: emergency protective shelter, a 24-hour crisis hotline, one-on-one counseling, advocacy, support groups, rape crisis center, outreach counseling, batterer's intervention groups, children's program, community and professional education and awareness, and information and referrals to those seeking assistance in other matters.

ACT endeavors to work hand-in-hand with law enforcement, mental health services, medical professionals, and the judicial system in providing assistance and education to victims of domestic abuse and sexual assault. Let us support ACT with generosity in our February community sharing collection.

Connection Circle

Come one, come all, to the next Connection Circle beginning Sunday, February 7th! New members and old, even visitors thinking about joining our church are welcome. In each of six sessions we'll discuss meaningful, spiritual topics through the sharing of stories and experiences from our lives. Participation in a Connection Circle is a great way for people to get to know each other on a deep level and to feel more connected to our church community. This facilitated 6-session group will meet from 12:15 to 1:45p on the following Sundays: February 7th, February 21st, March 6th, March 13th, April 3rd, and April 17th in Room 3. Participants are expected to attend all 6 sessions. For more information and to register, please contact Nancy Letts at njletts@gmail.com or 401-741-2712.

Rissho Kosei-kai Buddhist Group

The Rissho Kosei-kai Buddhist Group meets every Sunday in Room 1 from 1:45-3:45p. All are welcome to attend! Join Mary Tracy Sigman and others for this well loved and well attended group.

Community Wednesday

Join members and friends of our UUCFM community each Wednesday for a delicious vegetarian meal prepared by Chef Joy for a donation of \$5.00.

After the fellowship and fine fare from 6:00- 6:45p, join your favorite programming event, committee meeting, or social activity. A place will be provided for any informal gatherings of your choosing. Childcare is provided free of charge until 8:30p.

Activities

- 4:00-5:30** Coping & Optimal Living (1st & 3rd Wed)
6:30-8:00 Open Conversation
6:00-6:45 Community Meal
6:45-8:00 Music Team in Sanctuary
7:00-8:30 Programs (see below)

If you are interested in providing a program for Community Wednesday contact Linda Jensen at: lindajensen50@gmail.com or 215-880-1433.

Upcoming Programs for Community Wednesday

February 10: Longtime UUCFM member, Jerry Blumenfeld presents words and music in *The Accordion: A Documentary*. Jerry has put numerous hours into this new program, so let's give him a big turnout.



February 17: Doug MacGregor, former cartoonist for the News-Press, and current arts in healthcare coordinator for Lee Memorial Health System, will return to UUCFM. Doug, an all-time favorite here, will offer: *Staying Creative in Everyday Life*.

March 2: Samantha Reynolds, who was an active leader at a youth empowerment camp in Rwanda, speaks on the topic: *Healing and Resiliency in post-genocide Rwanda*.

March 9: Three UUCFM members have answered the call to offer readings and music. Nancy Letts will read her poem, *On Blathering*, Linda Jensen will read humorous excerpts from her dog book, *Don't Forget the Liver*, and Denis and Linda Jensen, AKA the Nebraska Drifters, will sing, with Denis providing accompaniment on the keyboard.

The programs are held in Hobart Hall at 7:00p. Childcare is provided until 8:30p. Community Wednesday programs are open to all in the community. There is no need to pre-register for programs or the dinner.

Coping & Optimal Living

The Coping and Optimal Living group is open to all and does not require attending every session. We meet in the Sanctuary the first and third Wednesdays of each month from 4:00-5:30p. We discuss how to live optimally including practical ways to cope with life's challenges and issues. Helping others and developing maturity in ourselves is part of our quest. We explore many paths and techniques for enriching our lives and making a difference for others. For more information call Wayne Leaver at 275-3097.

The Women's Circle



February 8th is the next meeting of our Women's Circle and Potluck. We will meet at 1:00p at *Senor Tequilas* restaurant located in front of the mall on the Southeast corner of Daniels Parkway and Route 41. We need to have a head count by Saturday February 6th. Please call Dorothy Van Howe at 239-560-7238 or e-mail dorothyvanhowe@gmail.com

Join us for *Mah Jongg* at a new day and time
on Thursdays in the Narthex from
1:30-4:00p.

Join us for *Tai Chi* on Thursdays in the
Sanctuary from 10:00-11:00a



South Fort Myers Food Pantry

This month, as most of you know, the South Fort Myers Food Pantry (our food pantry) is the recipient of the undesignated donations every Sunday in January. Our congregation has demonstrated concern and compassion for their less fortunate neighbors by donating generously. We still have one more Sunday for those who have meant to contribute but haven't done so. Any donation, the food you bring on Sunday, time you might have worked at or for the pantry as well as any monetary gift, are all very much appreciated by the pantry workers and the neighbors who benefit every Monday from your contributions. Every \$1 donated buys \$6 worth of food at the Harry Chapin Food Bank. Thank you for your generosity and your continued support for this worthwhile cause.

Mindfulness Meditation

Join us on Monday evenings to explore the very simple and satisfying practices of mindfulness and meditation. You don't need experience with meditation, nor do you have to be a Buddhist. Do please bring an intention to quiet the mind and the body in a supportive group of UU members and friends with a similar intention - people who want to carry mindfulness into their daily lives. We meet Mondays from 6:30-8:00p in the Sanctuary. If you have any questions, please contact Gary Robbins at ggleasonr@live.com

Jim Scott Performs Pete Seeger Tribute



February 12th at 7:00p in Hobart Hall: A *Pete Seeger Songfest*, led by composer/guitarist Jim Scott. Jim knew Pete Seeger well and collaborated on many projects with him. Scott, who has appeared in over 600 UU churches, is known to many as a guitarist with the *Paul Winter Consort* and co-composer of their celebrated *Missa Gaia/Earth*

Mass. We UUs also know him for his much loved *Gather the Spirit* and other songs in our hymnbooks. Scott says: "We'll honor Pete Seeger, singing many of his well-loved songs such as *If I Had a Hammer*, *Where Have All the Flowers Gone*, and *Turn Turn, Turn*. Admission is \$15.



Learning Circle Series

The Learning Circle Series has two tracks -- an introductory track called *CUUPS 101* and a more advanced track called *Earthways Shamanic Path*.

CUUPS 101: February 17th, 7:00 to 8:30p, Room 4. What is Paganism? What is CUUPS? How does CUUPS fit into Unitarian Universalism's Seven Principles? What does CUUPS do at this UU Church? Join Whale Maiden for this informative class. The topic will be the same for both classes, but since it is interactive and based upon class questions, no two classes will be alike. (A March CUUPS 101 Class isn't yet scheduled.)

Earthways Shamanic Path: Monthly meeting -- February 10th and March 3rd. -- 7:00 to 8:30p, Room 4. This is an on-going discussion group with meditation regarding the application of one's Pagan path to the unique features of Florida. Save the date for the upcoming Earthways Shamanic Path Gathering, April 15-17, 2016 at UUCFM. More details coming soon. Contact: whalemaiden@aol.com

April Pilgrimage

6th Annual Florida Unitarian Universalist

Women's Retreat

April 8 -10, 2016

DaySpring Episcopal Conference Center Ellenton Florida

As the theme suggests, we'll be traveling in mind, heart, and spirit...discovering many paths to explore ourselves and the world to see how movement in this world is, itself, home. It's an adventure that we'll share through music, art, movement, poetry, meditation, and play.



The retreat begins on a Friday at 5:00p and ends Sunday at Noon.

DaySpring Conference Center is conveniently located off I-75 just north of Sarasota on Florida's West Coast. The beautiful campus nestled under ancient oaks and located on a cove of the Manatee River offers a serene setting for our annual retreat. Take a look. <http://Dayspring.dioswfl.org>.

\$220 per person covers expenses for a semi-private room and six meals. 8 women share a cozy cottage with 4 bedrooms and 4 baths, a screened porch and common area. A non-refundable deposit of \$20 will reserve your place. Final payment is due January 15, 2016. Come join us for a memorable weekend. To register contact Helen Leddy helen.leddy@gmail.com

Board Thank You's

The Board of Trustees would like to thank the following for their service in January:

Helen Dixon for all that she does especially at this time of the year; **Elise Sexton** and **Nic St. Amour** for participating in the Vision Workshop; **Matt and Stephanie Hoffman** for donating their car; **Sue Magee** and **Shajan Kanacheril** for their work with the NA ministry, **Jane Strathman** for her professional coaching, **Joan Hickok** for labeling all those smooth stones, and **Kim Littleton** for arranging for the visit of the *Pink Heals* fire truck event.



The **Volunteer of the Month** is **Frank Schooley**. Frank donated materials and built the new cabinets in rooms 6 and 7. They are beautiful!

My UU Story

by Jenn Blosser

UUCFM Helped Coping with Depression

My husband, Lee, and I started attending UUCFM as a coping technique for the Postpartum Depression (PPD) and anxiety that I was going through. After giving birth to Thatcher (who is now 3), I sunk steadily into a very deep, dark place. For three months after his birth, I suffered in silence. I was terrified of letting anyone know, even my husband or mother, what was going on in my mind. I am sharing my story to reach out to anyone suffering depression of any kind and to let them know that there are resources here for them.



I had horrid intrusive thoughts of all the dreadful things I was doing wrong as a new mother and all the potentially deadly situations my son could be put in. For the first time in my otherwise happy life, I spent hours of my day contemplating death with such fear that I would actually suffer heart palpitations and find myself battling panic attacks. I could not control any of it, but I tried to suppress it. I was just so scared that if anyone knew what I was going through, they would deem me an unfit mother -- even my husband!

After hitting rock bottom, I opened up to Lee about all of it. Bless that man for being who he is. He made an appointment for me to see our General Practitioner and I was put on a regime of medication and therapy that changed my world 100%. Slowly, but surely, I began to feel like myself again and I started the long climb out of the darkness.

My therapist suggested finding a community I could really sink my teeth into and get support. We had friends who attended UUCFM and often said one of these days we would try out this place. Well, we took the plunge and have never looked back.

My network of friends and supporters here at UUCFM saved me, even getting me to a place where I no longer needed medication of any kind. The panic attacks and constant fear slowly melted away and I became myself again thanks to this amazing community. At first, I had to force myself to participate in activities. It took months before I felt confident enough to go to Community Wednesday Dinners. Soon I found great joy in joining in any activity I could and volunteering with the Religious Education department.

Positive, supportive social engagement is a huge help when dealing with depression and anxiety of any kind. Our church helped me feel better, not

My UU Story continued....

by trying to make me feel better, but just by keeping me connected with a lively and rewarding community.

Now that I'm looking forward to life with new baby number two, Georgine Marin Blosser, I'd be lying to say I wasn't apprehensive about what might lie ahead for me emotionally and mentally. However, I now know much more about PPD and Postpartum Anxiety (PPA). I am supported by an incredible network of people. I cannot imagine trying to go through life without this community anymore. UUCFM is a part of my family now, and I am honored to be in a position where I can extend the support and strength of our community to others.

Signs of Depression

The signs of depression vary and the mother should trust her own instincts to know when something is wrong. The typical list of symptoms are:

- * Mood swings
- * Anxiety
- * Sadness
- * Irritability
- * Feeling overwhelmed
- * Crying
- * Reduced concentration
- * Appetite problems
- * Trouble sleeping

For more information on symptoms, please check the web for sites like postpartumprogress.com or mayoclinic.com

About My UU Story

Each month, the Membership Committee would like to publish your UU story - either converted or born UUs. How did you become a UU or how did our religion affect your life? Alternatively, do you have a one-paragraph remembrance of your first reaction to being in a UU church and/or learning about the religion? To share your story, please contact Joy Sokeitous at memberservices@uucfm.org Joy will help you edit and she will provide questions to help you develop your story.



February 1 Tony Borrás

February 1 Ian Sexton

February 2 Jill Carville

February 2 Kathy Heckler

February 4 Russ Rosenthal

February 7 Stephanie Hoffman

February 7 Sue Reece

February 9 Bill Klein

February 9 Katie Ireland is 9!

February 9 Don Maron

February 12 Jan Beemer

February 13 Paul Martin

February 16 Carolyn Maron

February 17 Angela Melton

February 17 Tom Sizemore

February 19 Andy Erickson

February 20 Annie Rosenthal

February 24 Mary

Alice Pierce

**February 26 Don
Ehat**



UUCFM Drum Circle

Come to the UUCFM Monthly 4th Sunday Drum Circle on February 28th at 11:45a. We meet in the Screen Room and share a potluck snack before the circle begins. *Please* bring a snack to share. Cold chicken, pasta salad, sandwiches, fruit, chips, etc. are great ideas. You can label the food “drum circle” and put it in the fridge before the service. I will have drinks. Children and beginners always welcome. This Circle is absolutely free! If you forget to bring a snack to share, you are welcome to make a love donation to fund paper plates, etc. Please bring your own drum or other percussion instruments. There will be a few to share. Also bring your ideas, CDs, and favorite rhythms.



Jill Carville officemanager@uucfm.org

February

Thursday, Feb 4:

Tai Chi 10:00a
Mah Jongg 1:30p
Yoga 4:30p
Great Decisions 6:00p
Womynfolke 6:00p

Friday, Feb 5:

Endowment Mtg 2:00p

Saturday, Feb 6:

Family Gardens Plant Sale 8:30a
Gardener's Meeting 9:00a
UUCFM Carnival Service Auction 5:00p

Sunday, Feb 7:

Music Team 9:00a
Humanist Forum 9:15a
Sunday School 9:15a
Sunday Service 10:30a
Newcomer's Meeting 12:00p
Social Justice 12:00p
Connection Circle 12:00p
Role Playing Group 12:00p
Rissoho Kosei-kai 1:45p

Monday, Feb 8:

Writers' Group 10:00a
Mindfulness Meditation 6:30p
Barbershop Quartet 7:00p

Tuesday, Feb 9:

NA Group 5:30p
BoT Meeting 6:00p

Wednesday, Feb 10:

Family Gardens Ops 10:00a
CoSM 3:00p
Ways & Means 4:00p
Articulating UU Faith 4:30p
Community Wednesday 6:00p
Music Team 6:45p

Thursday, Feb 11:

Tai Chi 10:00a
Mah Jongg 1:30p

Yoga 4:30p

Great Decisions 6:00p

Womynfolke 6:00p

Friday, Feb 12:

Bringing Harvest to Kitchen 10:00a

Jim Scott Concert 7:30p

Saturday, Feb 13:

Shalom Life Concert 7:00p

Sunday, Feb 14:

Happy Valentine's Day

Music Team 9:00a
Humanist Forum 9:15a
Sunday School 9:15a
Sunday Service 10:30a
Rissoho Kosei-kai 1:45p

Monday, Feb 15:

President's Day

Mindfulness Meditation 6:30p

Barbershop Quartet 7:00p

Tuesday, Feb 16:

NA Group 5:30p

Gardening Meetup 7:00p

Wednesday, Feb 17:

Family Gardens Ops 10:00a
Coping Class 4:00p
Ways & Means 4:00p
Articulating UU Faith 4:30p
Community Wednesday 6:00p
Music Team 6:45p

Thursday, Feb 18:

Tai Chi 10:00a
Mah Jongg 1:30p
Yoga 4:30p
Great Decisions 6:00p
Womynfolke 6:00p
Intro to CUUPs 7:00p

Friday, Feb 19:

Tellers' Theatre Show 7:30p





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13411 Shire Lane
Fort Myers, FL 33912